

## *Making a Difference In 2005...*

St. Joseph Emergency Family Shelter provided help to more than 267 people - 166 of them children - who found themselves without a safe place to call home.

Volunteers gave more than 100 hours of their time each month at St. Joseph Shelter, providing meals, doing maintenance, picking up donations & assisting staff.

Our washing machines & dryers cleaned about 40 loads of laundry each week. We provide all laundry soap, bleach & dryer sheets for our guests.

Our electric bill averaged \$550 per month; our water bill averaged \$164 per month.

Each week, we used 8 to 10 gallons of milk!

Volunteers donated 6 to 7 meals each week. We use leftovers & receive donations to help keep our food budget under \$4,000 per year.

Your continued support will ensure more than 70 families in need in southwest Iowa will have somewhere to turn this year.

*Catholic Charities...  
because we all need a little  
help along the way.*

## *Contact us*

### ST. JOSEPH EMERGENCY FAMILY SHELTER

1535 11th Street  
Des Moines, IA 50314  
515-282-1235  
24-hours a day

### CATHOLIC CHARITIES MAIN OFFICE

601 Grand Avenue  
Des Moines, IA 50309  
515-244-3761


#### DES MOINES BASED PROGRAMS

*Adoption/Pregnancy Counseling Program  
Counseling Program  
Hispanic Community Outreach Program  
Refugee Cooperative Services  
St. Joseph Emergency Family Shelter  
St. Mary Family Center*

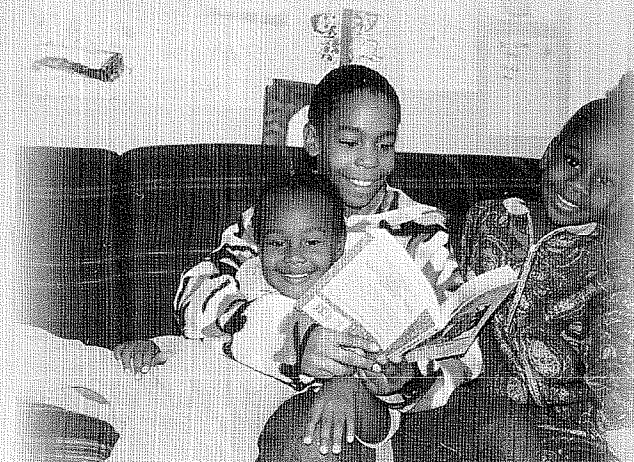
#### COUNCIL BLUFFS BASED PROGRAMS

*Phoenix House Domestic Violence Shelter  
& Sexual Abuse Program  
Counseling Program*

[www.CatholicCharitiesdm.org](http://www.CatholicCharitiesdm.org)

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DIOCESE OF DES MOINES  
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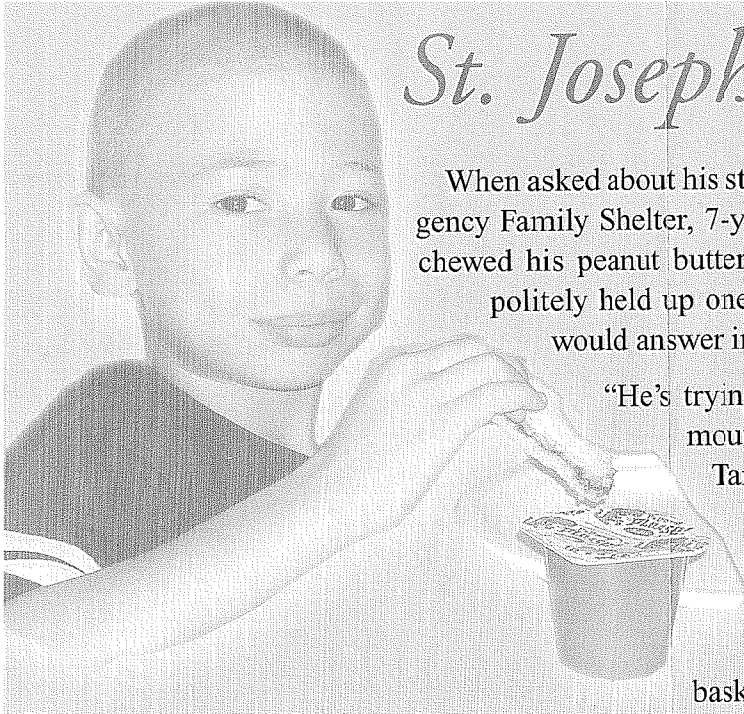
# ST. JOSEPH EMERGENCY FAMILY SHELTER



*The only shelter in Polk  
County committed to  
keeping the entire  
family unit together*

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# St. Joseph Emergency Family Shelter



When asked about his stay at St. Joseph Emergency Family Shelter, 7-year-old Blake quickly chewed his peanut butter & jelly sandwich & politely held up one finger, motioning he would answer in a moment.

“He’s trying not to talk with his mouth full,” Blake’s mom, Tara explained. “We’ve been working on our manners.”

Blake is a typical 7-year-old who loves basketball, eating chocolate pudding & is encouraged by his mother to use his manners.

Thanks to services at St. Joseph Emergency Family Shelter, Blake’s family worked through recent hard times to secure new jobs & are now living in transitional housing.

The face of homelessness is not always what we might expect. Families who come to St. Joseph struggle in many different ways. Finding affordable housing, childcare & good paying jobs are usually at the forefront of those struggles, but in the midst of those challenges, they also work through day-to-day issues that we all face.

## ST. JOSEPH SHELTER INCOME/EXPENSES

Budget year July 1, 2006 - June 30, 2007

### Income

Grants	\$ 162,618
United Way	\$ 11,672
Contributions	\$ 12,000

**Total Income** **\$186,290**

### Expenses

Salary/benefits	\$ 219,637
Administrative/contracted	\$ 3,335
Food/program supplies	\$ 4,100
Training/professional meeting	\$ 1,700
Building maintenance/utilities	\$ 13,500
Building improvement/equipment	\$ 6,000

**Total Expenses** **\$248,372**

\* In-Kind & Operational support provided by  
Catholic Charities & the Diocese of Des Moines

## How you can help

St. Joseph Emergency Family Shelter is the only shelter in Polk County where the entire family unit can stay together. St. Joseph’s provides safe, clean housing for five homeless families.

We welcome children & whomever children bring. Our mission is to honor the humanity of each person by acknowledging the emotional and financial crisis involved when a family finds itself without housing or funds. We offer housing for a limited stay, three meals a day, laundry facilities and case management to assist guests in returning to self-sufficiency.

## Volunteer

Provide an evening meal: call 282-1235 to schedule a time for your family or small group.

Other opportunities: Shelter maintenance, Fall/Spring cleaning, organizing a donation collection and picking up/sorting donations. For more information on volunteering or making a donation: call Trish Radke at 237-5078.

As families leave the shelter,  
we give them basic household items: *Donate*

Kitchen Kit: dish & hand soap, kitchen towels, spatulas, pots & pans, utensils & common kitchen items in a box or a plastic dishpan.

Cleaning Bucket: laundry soap, Windex, bathroom cleaner, cleaner with bleach, antibacterial soap & scrub brushes in a bucket or caddy.

New pillows/bedding: for guests to use at the shelter and to take with them to their new homes.

Other items: Bus tokens, calling cards, infant items (diapers, formula, wipes), personal care items (large size shampoo, soap, toothpaste, deodorant), shelter supplies (dishwasher soap, laundry soap, toilet paper, paper towels, garbage bags). We also seek donations of furniture & household items to assist families moving into permanent housing, as well as cash donations to assist with the expenses of running the shelter.

*Because we all need a little help along the way*