



St. Theresa of the Child Jesus

# Saint Theresa Life Teen Monthly Newsletter

## August 2009

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## WHO IS YOUR ROLE MODEL?

When 1,000 students from ages 13-17 were asked to name their biggest hero today, 21% said, "no one." Here's what other teens said:

### Who's a hero? According to how many teens?\*

A parent	16.2%	An actor	4.7%
An athlete	15.0%	An educator	3.2%
A religious leader	6.8%	A business leader	0.7%
A musician	6.4%	A politician	0.3%
A friend	5.5%	A community activist	0.2%

Source: *The Mood of American Youth* (Alexandria, VA: Horatio Alger Association of Distinguished Americans and the National Association of Secondary School Principals, 1996).

So — who are the adult role models in your life? Think of three people you look up to. Include an adult family member, a non-family member, and a national or world leader. Now think of why each person is a role model for you. Why do you admire her or him? What special qualities does each person have? Are these qualities you have or would like to have someday?

If you can't name three adult models....

1—Take action. You need role models. They motivate us to dream, plan, set goals, and look forward to the future. By our role model's achievements and lives they say, "I did it, and so can you." If you don't have role models you can talk to your parents, teachers, coaches, and your local youth ministers about the role models they had when they were your age.

2—Choose your role models carefully. It's easy to pick celebrities because they seem to be everywhere. Before you choose them, learn more about them. After you do some research you might discover your best role models are people you know. Remember, role models do not have to be perfect. Role models work hard to overcome their flaws and learn from their mistakes.

# Mary's Warriors

## Volunteer Opportunities—August 2009



Beginning this month, St. Theresa's Life Teen Youth Ministry is beginning a new sub-group called Mary's Warriors. The purpose of this group is: evangelization (sharing God's gifts with others), community service and outreach, and faith formation. Each time you volunteer you will receive detailed information on the event (which might include detailed training), prayers, Sacred Scripture/ Church teaching that applies to the activity, and Dowling Catholic or other public school service hours. Participation in Mary's Warriors gives you an opportunity to meet new friends of various ages within the parish family and within the community. Why not try one opportunity this month? Each month you will find a variety of great opportunities. Contact John at 490-7176 (call or text), or e-mail at [jgaffney@sainttheresaiowa.org](mailto:jgaffney@sainttheresaiowa.org).

### 1—Faith Formation Fair Concessions:

When/Where: Saturday, August 15 in the parish hall  
 Time: 1:00 PM to 7:00 PM (two hour increments)  
 Tasks: set-up, cooking state fair type foods, serving food, clean-up  
 # of Warrior's: 2-3 for each two hour shift  
 Contact info: S Sign-up with John by Tuesday, August 11

When/Where: Sunday, August 16 in the parish hall  
 Time: 7:00 AM to 2:00 PM (two hour increments)  
 Tasks: set-up, cooking state fair type foods, serving food, clean-up  
 # of Warrior's: 2-3 for each two hour shift  
 Contact info: Sign-up with John by Tuesday, August 11

### 2—3rd Annual Parish Hog Roast—Running Games (clean-up help is appreciated around 8:00 PM):

When/Where: Thursday, August 20 around the parish grounds  
 Time: 4:45 PM to 6:15 PM  
 Tasks: running efficiently the various competitive games  
 # of Warrior's: 8-10 students are needed  
 Contact info: Sign-up with John by Sunday, August 16

### 3—Catechetical Ministers for Wednesday Faith Formation or Sunday School

When/Where: Academic Year 2009-2010 (can team-up with friends)  
 Time: 6:30 PM to 8:00 PM Wednesdays or 9:15 AM to 10:30 AM Sundays  
 Tasks: preparing and teaching catechetical sessions for young people  
 # of Warrior's: 4-8 students needed (long-term commitment required)  
 Contact info: Sign-up with John by Saturday, August 15  
 Special Info: Catechetical training is provided for this service opportunity



# St. Theresa Life Teen Calendar

## August 2009



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4 7:00 to 8:00 PM Holy Hour—Church	5	6	7	8
9	10	11 7:00 to 8:00 PM Holy Hour—Church	12	13	14	15 1:00 to 7:00 PM Faith Formation Fair Volunteer Opportunity (See Page 2)
16 7:00 AM to 2:00 PM Faith Formation Fair Volunteer Opportunity (See Page 2)	17	18 7:00 to 8:00 PM Holy Hour—Church	19	20 5:45 to 9:00 PM Parish Hog Roast Volunteer Opportunity (See Page 2)	21	22 4:30 PM Mass— Blessing of Students & Backpacks
23 All Masses—Blessing of Students & Backpacks	24	25 7:00 to 8:00 PM Holy Hour—Church	26	27 5:30 to 6:30 PM Life Teen Mass Music Practice—Church	28 7:00 to 9:00 PM KWKY Faith Matters Conference—Polk County Convention Cen- ter	29 8:00 AM to 6:00 PM KWKY Faith Matters Conference— Polk County Convention Center
30 4:30 PM Life Teen Mass—Church 5:45 PM-7:30 PM Life Night Kick-Off— Community Center	31					



## Save The Date Life Teen Events

### August 20—3rd Annual Parish Hog Roast and Games

- Begins at 5:00 PM
- Games (North vs. South)  
from 5:00 to 6:00 PM

- Dinner (great FREE food) from 6:00 to 8:00 PM
- Clean-up? Service Hours available if you can help  
(See Page 2 for details)

### September 12 & 13—Youth Ministry Laser Lock-In at Tokens—Cost is \$25.00—9:00 PM to 5:30 AM.

- Includes pizza, pop and unlimited:
  - Laser Tag
  - Video Games
  - Glow-in-the-Dark Mini-Golf
  - Dance Dance Revolution
- Sacred Heart Teen Mass at 9:00 PM (your family is welcome) with the lock-in beginning at 10:30 PM

## Fall Evangelization Groups Forming

Form your own teen group (4-6 people) for Bishop Pates' evangelization program called "On a Journey Together."

This is not a class or a Bible study, but an opportunity for you and a few of your friends to get together each week for 7 weeks and discuss Jesus. The materials are free and there is a small orientation for group leaders.

The Evangelization sessions begin with a potluck on Sunday, September 27 following our Life Teen Mass. The first session is held as one large group. Then you break off and meet wherever you want to for weeks 2-6. We end the series on Sunday, November 8 as a large group.

Contact John at 490-7176 (cell) or at [jgaffney@sainttheresaiowa.org](mailto:jgaffney@sainttheresaiowa.org) by September 15 to sign-up or if you have questions.

St. Theresa of the Child Jesus Church  
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